

# TABLEAU SCORE HJHS

## Hemophilia Joint Health Score 2.1 - Summary Score Sheet

	Left Elbow		Right Elbow		Left Knee		Right Knee		Left Ankle		Right Ankle	
Swelling		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE
Duration (swelling)		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE
Muscle Atrophy		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE
Crepitus on motion		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE
Flexion Loss		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE
Extension Loss		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE
Joint Pain		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE
Strength		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE		<input type="checkbox"/> NE
Joint Total												

NE = Non-Evaluable

Sum of Joint Totals

+

Global Gait Score

(☐ NE included in Gait items)

HJHS Total Score

=

### Swelling

- 0 = No swelling
- 1 = Mild
- 2 = Moderate
- 3 = Severe

### Duration

- 0 = No swelling  
or < 6 months
- 1 = > 6 months

### Muscle Atrophy

- 0 = None
- 1 = Mild
- 2 = Severe

### Joint Pain

- 0 = No pain through active range of motion
- 1 = No pain through active range; only pain  
on gentle overpressure or palpation
- 2 = Pain through active range

### Crepitus on Motion

- 0 = None
- 1 = Mild
- 2 = Severe

### Flexion Loss

- 0 = < 5°
- 1 = 5° - 10°
- 2 = 11° - 20°
- 3 = > 20°

### Extension loss

- (from hyperextension)
- 0 = < 5°
- 1 = 5° - 10°
- 2 = 11° - 20°
- 3 = > 20°

### Strength (Using The Daniels & Worthingham's scale)

Within available ROM

- 0 = Holds test position against gravity with maximum resistance (gr.5)
  - 1 = Holds test position against gravity with moderate resistance  
(but breaks with maximal resistance) (gr.4)
  - 2 = Holds test position with minimal resistance (gr. 3+),  
or holds test position against gravity (gr.3)
  - 3 = Able to partially complete ROM against gravity (gr.3-/2+),  
or able to move through ROM gravity eliminated (gr.2),  
or through partial ROM gravity eliminated (gr.2-)
  - 4 = Trace (gr.1) or no muscle contraction (gr.0)
- NE = Non-Evaluable

### Global Gait (walking, stairs, running, hopping on 1 leg)

- 0 = All skills are within normal limits
  - 1 = One skill is not within normal limits
  - 2 = Two skills are not within normal limits
  - 3 = Three skills are not within normal limits
  - 4 = No skills are within normal limits
- NE = Non-Evaluable